

## **Complementary Compounding Services**

Patient Name:\_\_\_\_\_

Phone:

Address:

DOB:

Email:

Please tick to indicate any special requirements: Powder: □ Caps: Vege caps: □

	_	
AM PROGRAM	DOSE	
Vitamin C (mg)		Vitam
Pyridoxine B6 (mg) Dose exceeding 200mg		Zinc a
(combined B6&P5P) may only be prescibed by a medical doctor		50mg ma
Pyridoxal-5-Phosphate (mg) Dose exceeding		Zinc (
200mg (comb. B6&P5P) may only be prescibed by a medical doctor		Mang
Vitamin E (IU) as succinate		Vitam
Vitamin E (IU) as mixed Tocopherols		Vitam
Biotin (mcg)		Biotin
Cyanocobalamin (mcg)		Cyano
Methylcobalamin (mcg)		Methy
Folic Acid (mcg)		Folic
Folinic Acid (mcg)		Folini
5-MTHF/Methylfolate (mg)		5-MTH
Nicotinamide Vit B3 (mg)		Nicot
Chromium (mcg) as picolinate		Chror
L-Methionine (mg)		L-Met
Calcium (mg) as carbonate		Calciu
Calcium (mg) as citrate		Calciu
Magnesium (mg) as glycinate		Magn
Magnesium (mg) as citrate		Magn
Vitamin A (IU) Dose exceeding 10,000IU		Vitam
May only be prescribed by a medical doctor		May only
Beta Carotene (IU)		Beta
Molybdenum (mcg)		Molyb
Selenium (mcg) Dose exceeding 300mcg		Selen
may only be prescribed by a medica doctor		may only
Vitamin D3 (IU) Dose exceeding 1000IU may		Vitam
only be prescribed by a medical doctor		only be p
Taurine (mg)		Tauri
Serine (mg)		Serin
Ferrous Gluconate (mg)		Ribof
Riboflavin Vit B2 (mg		Ribof
Riboflavin-5-Phosphate Active Vit B2 (mg)		Thiam
Thiamine Vit B1 (mg)		Lithiu
Inositol		Inosit
Calcium Pentothenate Vit B5 (mg)		Calciu

Quantity Required (eg 100 days): \_ Note: All minerals will be dispensed as elemental values

PM PROGRAM	DOSE
Vitamin C (mg)	
Zinc as Picolinate (mg) Dose exceeding	
50mg may only be prescibed by a medical doctor	
Zinc (mg) as citrate	
Manganese (mg) as gluconate	
Vitamin E (IU) as succinate	
Vitamin E (IU) as mixed tocopherols	
Biotin (mcg)	
Cyanocobalamin (mcg)	
Methylcobalamin (mcg)	
Folic Acid (mcg)	
Folinic Acid (mcg)	
5-MTHF/Methylfolate (mg)	
Nicotinamide Vit B3 (mg)	
Chromium (mcg) as picolinate	
L-Methionine (mg)	
Calcium (mg) as carbonate	
Calcium (mg) as citrate	
Magnesium (mg) as glycinate	
Magnesium (mg) as Citrate	
Vitamin A (IU) Dose exceeding 10,000IU	
May only be prescribed by a medical doctor	
Beta Carotene (IU)	
Molybdenum (mcg)	
Selenium (mcg) Dose exceeding 300mcg	
may only be prescribed by a medica doctor	
Vitamin D3 (IU) Dose exceeding 1000IU may	
only be prescribed by a medical doctor	
Taurine (mg)	
Serine (mg)	
Riboflavin-5-Phosphate Active Vit B2 (mg)	
Riboflavin Vit B2 (mg)	
Thiamine Vit B1 (mg)	
Lithium as Orotate (mg)	
Inositol	
Calcium Pentothenate Vit B5 (mg)	

FILLERS			
Mircocrystalline Cellulose		L-Glycine	
Vitamin C		L-Leucine	

Date of Prescription:	
Practioner:	

Practioner Signature:\_\_\_\_\_

Presccriptions can be filled at: **Complementary Compounding Services** 1/130 Tamar Street Ballina, NSW 2478 Ph: 026686 2244 Fax: 026686 2257 Email: Sales@custommedicine.com.au