



# Complementary Compounding Services

Patient Name: \_\_\_\_\_

Phone: \_\_\_\_\_

Address: \_\_\_\_\_

DOB: \_\_\_\_\_

Email: \_\_\_\_\_

Please tick to indicate any special requirements:

Powder:

Caps:

Vege caps:

Quantity Required (eg 100 days): \_\_\_\_\_

Note: All minerals will be dispensed as elemental values

AM PROGRAM	DOSE
Vitamin C (mg)	
Pyridoxine B6 (mg) Dose exceeding 200mg <small>(combined B6&amp;P5P) may only be prescribed by a medical doctor</small>	
Pyridoxal-5-Phosphate (mg) Dose exceeding 200mg <small>(comb. B6&amp;P5P) may only be prescribed by a medical doctor</small>	
Vitamin E (IU) as succinate	
Vitamin E (IU) as mixed Tocopherols	
Biotin (mcg)	
Cyanocobalamin (mcg)	
Methylcobalamin (mcg)	
Folic Acid (mcg)	
Folinic Acid (mcg)	
5-MTHF/Methylfolate (mg)	
Nicotinamide Vit B3 (mg)	
Chromium (mcg) as picolinate	
L-Methionine (mg)	
Calcium (mg) as carbonate	
Calcium (mg) as citrate	
Magnesium (mg) as glycinate	
Magnesium (mg) as citrate	
Vitamin A (IU) Dose exceeding 10,000IU <small>May only be prescribed by a medical doctor</small>	
Beta Carotene (IU)	
Molybdenum (mcg)	
Selenium (mcg) Dose exceeding 300mcg <small>may only be prescribed by a medica doctor</small>	
Vitamin D3 (IU) Dose exceeding 1000IU may <small>only be prescribed by a medical doctor</small>	
Taurine (mg)	
Serine (mg)	
Ferrous Gluconate (mg)	
Riboflavin Vit B2 (mg)	
Riboflavin-5-Phosphate Active Vit B2 (mg)	
Thiamine Vit B1 (mg)	
Inositol	
Calcium Pentothenate Vit B5 (mg)	

PM PROGRAM	DOSE
Vitamin C (mg)	
Zinc as Picolinate (mg) Dose exceeding 50mg <small>may only be prescribed by a medical doctor</small>	
Zinc (mg) as citrate	
Manganese (mg) as gluconate	
Vitamin E (IU) as succinate	
Vitamin E (IU) as mixed tocopherols	
Biotin (mcg)	
Cyanocobalamin (mcg)	
Methylcobalamin (mcg)	
Folic Acid (mcg)	
Folinic Acid (mcg)	
5-MTHF/Methylfolate (mg)	
Nicotinamide Vit B3 (mg)	
Chromium (mcg) as picolinate	
L-Methionine (mg)	
Calcium (mg) as carbonate	
Calcium (mg) as citrate	
Magnesium (mg) as glycinate	
Magnesium (mg) as Citrate	
Vitamin A (IU) Dose exceeding 10,000IU <small>May only be prescribed by a medical doctor</small>	
Beta Carotene (IU)	
Molybdenum (mcg)	
Selenium (mcg) Dose exceeding 300mcg <small>may only be prescribed by a medica doctor</small>	
Vitamin D3 (IU) Dose exceeding 1000IU may <small>only be prescribed by a medical doctor</small>	
Taurine (mg)	
Serine (mg)	
Riboflavin-5-Phosphate Active Vit B2 (mg)	
Riboflavin Vit B2 (mg)	
Thiamine Vit B1 (mg)	
Lithium as Orotate (mg)	
Inositol	
Calcium Pentothenate Vit B5 (mg)	

FILLERS	
Mircocrystalline Cellulose	
Vitamin C	

L-Glycine	
L-Leucine	

Date of Prescription: \_\_\_\_\_

Practioner: \_\_\_\_\_

Practioner Signature: \_\_\_\_\_

Prescriptions can be filled at:  
**Complementary Compounding Services**  
 1/130 Tamar Street Ballina, NSW 2478  
 Ph: 026686 2244 Fax: 026686 2257  
 Email: Sales@custommedicine.com.au